

RAINBOW MESSENGER NOVEMBER, 2009



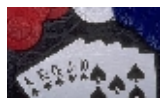
• **WALKING:** - In climate-controlled banquet room, twenty-five (25) laps equals a mile.



• **OUTSIDE WALKING TRAIL:** - Each lap equals 1/3 Mile.



• **FITNESS ROOM:**
Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



• **CARDS:** - Card tables available for your use on a daily basis.



• **BILLIARDS/POOL:** Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 to 3:45 p.m.



• **COMPUTER LAB:** - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computer. Come in and let them help you out!!

REGULAR SCHEDULED ACTIVITIES:



• **EXERCISE CLASS** meets Monday and Thursday mornings at 9:00 a.m. We meet in the Banquet Room. Our exercises are designed to help keep your joints limber.



• **TLC CLASS (Tender Loving Crafts Class):** Are you ready to try something new? We've got just the thing for you! Join the TLC (Tender Loving Crafts) Class at **9:00 a.m. Tuesdays** in the Craft Room. The studio fee is \$3.00 per session. Project supplies will be at cost. Stop by and see what we're making. Betty Hoffman is the delightful teacher who comes up with the various projects. This month's projects are:

Nov. 3rd– Pumpkin & Corn
Nov. 10th– Paper Beads
Nov. 17th– Decoupage Vase
Nov. 24th– Pumpkin Pie & Coffee
Paper Bead - Necklace - Earrings



• **SINGING SENIORS:**
The Singing Seniors meet on Friday mornings at **10:00 a.m.** at the Habig Center. **On Friday, November 20th we will be singing at the Good Samaritan Nursing Center at 10:00 a.m.** Come join them some time.

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30	THE FREE SPOT	46	74					
2	28	37	55	68					
10	27	39	59	75					

• **BINGO** will be held on **Tuesdays, November 10th and 24th** beginning at **12:00 noon.** We ask you to keep bills to \$5 and under or correct change. Thanks for your cooperation. Cost \$1.00 per card to play all 50 games and \$.25 to play in the two coveralls. Beginning at 11:30 a.m. someone will be there to collect.



• **QUILTING BEES** will be held on **Mondays, November 9th and 23rd** from **9:00 a.m. to 3:00 p.m.** All quilters are welcome to attend and lunch will be provided. We appreciate all the quilting that you do for us!!

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• **CARD TOURNEYS:**

- **Thursday, Nov. 5th**
Cinch Tourney
- **Thursday, Nov. 19th**
Rum Tourney

Games start at 12:00 (noon) and last till at least 3:00 p.m. \$1.00 entry fee is requested and prizes will be given away. Please sign up by 10:00 a.m. the morning of the tourney. **Cinch tourney consists of six (6) games and Rum tourney is 7 games.** Hope you'll join us.



- **CATERED MEAL:** Tuesday, November 17th at 11 a.m. enjoy breakfast at lunch. The menu will be: Bacon, Scrambled Eggs, German Fries, Biscuits & Gravy and Coffee. Cost is \$5.00 with **reservations due by 3:00 p.m. on Monday, November 2nd.**



- **CROCHET CLUB** will meet at **1:00 p.m. Wednesday, November 4th** in the Craft Room at the Center. We welcome all Senior Citizens who enjoy crocheting. Some interest has been shown in learning to crochet. How many of you would be interested in teaching crochet lessons? Please come to our meeting or call 482-4455 to let us know if you're interested in teaching.

*******SPECIAL ACTIVITIES:*******

- **LUNCH BUNCH:** Join us on **Monday, November 9th at the Ocean Bull Grill** on 2nd Street (across from Buehler's at the Crossing) for Lunch Bunch. Everyone is welcome to join us, it's dutch treat. We'll meet there to eat at 11:30 a.m. **Please call your reservations in to the Center at 482-4455 by 3:00 p.m. Wednesday, November 4th.** Ocean Bull Grill is advertised as a Chinese, Japanese and Mongolian Grill Restaurant. Come with us and try it together.



- **BOOK CLUB:** We'll skip the November meeting and meet on **Wednesday, December 2nd at 1:00 p.m.** The book we'll be discussing will be **"JUST TAKE MY HEART"** by Mary Higgins Clark. This will give you more time to read it with the holidays coming up. We look forward to seeing you on December 2nd.

- **SUNDAYS:** The Center will be open Sundays from 1:00 to 4:00 p.m. for your enjoyment. Thanks for offering to open the Center. We're still looking for volunteers to open on Sundays. Please call the Center at 482-4455 if you can open for us.

- **THE HABIG ROOM:** The Habig Room will be open for touring by appointments. Call the office at: 482-4455 to set up a time that is convenient for you. Thank you.



• **RECIPE EXCHANGE:**

HONEY BUN COFFEE CAKE

1—Box Yellow Cake Mix
4—Eggs
3/4—Cup Oil
8 oz.—Sour Cream
1/2—Cup Sugar
Mix all ingredients together and pour into a 9" x 13" pan.

Mix:

1—Cup Brown Sugar
4—Teaspoons Cinnamon
1—Cup Raisins
Swirl mixture into cake w/knife and bake at **325° for 45-60 minutes.**

Glaze when cool with:

3/4—Cup Powdered Sugar
3—Tablespoons Melted Butter
Thin w/milk when necessary.

I glazed when it was still quite warm—some glaze "sinks" in! I use cranraisins sometimes. Nuts, also, sometimes.

Submitted by: Peggy Haugh

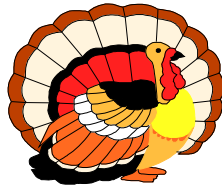
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- **NOVEMBER TRIP:** Casino Aztar—Leave Jasper Armory at 9:30 a.m. on Thursday, November 12th. Bus will pick up at Huntingburg for those requesting it. Don't forget photo I.D. for being a big winner!!
- **FUTURE TRIP:**
- **DECEMBER TRIP:** Derby Dinner Playhouse—Money \$45.00 is due by 3:00 p.m. Tuesday, November 17th. Sign-ups were in October. The actual trip is Tuesday, December 15th, leaving the Jasper Armory at 10:15 a.m.



- **CENTER'S CHRISTMAS PARTY:** Tuesday, December 1st, eat at 12:00 p.m. Catering by Meyer will cater the meal. Our menu is: Roast Beef w/Gravy, Fried Chicken, Dressing & Gravy, Green Beans, Carrots, Creamy Slaw, Bread & Butter, Dessert and Decaf Coffee or Tea. The afternoon will include entertainment by the Singing Seniors plus some prizes. **Cost of the afternoon is \$10.00 for: meal, entertainment and prizes. Reservations will be accepted at the Center starting Wednesday, November 4th through Monday, November 23rd or until we are full. You can make your reservation in person or by phone. Money is due by Monday, November 23rd. We have a limited number of seats for our Christmas Party on Tuesday, December 1st.** Also, please make arrangements to car pool whenever possible as we're looking for a large crowd.

- **CENTER CLOSING:** The Center will be closed on the following days: Wednesday, November 11th - Veterans Day



Thursday, November 26 and Friday, November 27th—for the Thanksgiving Holiday. Have a Great Thanksgiving.



HAPPY NOVEMBER BIRTHDAYS!!

- 4th Virgil Messmer
- 5th Mary Moeller
- 6th LaVerne Schitter
- 7th Betty Meyer
- 8th Judy Hilgeman
- 9th Lena Seitz
- 10th Claire Rohleder
- 11th Pete Messmer
- 15th Laverne Hanebutt
- 15th Leroy Welp
- 18th Darlene Hassfurth
- 18th Norbert Schroeder
- 20th Esther Brenner
- 20th Olive Buchta
- 24th Gene Kempf
- 25th Cletus Boehm
- 26th Don Wineinger

HAPPY NOVEMBER ANNIVERSARIES!!

- 3rd Mr. & Mrs. Dennis Buechlein
- 24th Mr. & Mrs. Steven Howard
- 27th Mr. & Mrs. Bob Stemle
- 28th Mr. & Mrs. Gene Kempf
- 29th Mr. & Mrs. Bob Bohnert

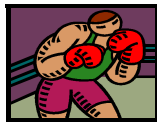
- **RAINBOW MESSENGER:** The Center's Newsletter will be available at the three (3) Center's (Older Americans, Huntingburg and Ferdinand) to pick-up free of charge. You can have the Newsletter mailed to you for \$7.00 a year. Be sure we have your address when paying for the 2010 Rainbow Messenger.

- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!



- **BOOMERAMA:** On Monday, November 16th we will have Food For Thought at 12:00 p.m., a Motivational Luncheon. Cost will be \$5.00 for lunch (no shows will be charged \$5.00). The guest speaker will be Susan Seger Habig—Teacher & Mary E. Gross—Volunteer. **WHAT DO CHILDREN NEED? WHAT DO YOU NEED?** Reflect on win/win fulfillment of needs through Education, Encouragement & Empowerment As always the program is sponsored by: Tri-Cap RSVP / Habig Center Older Americans — Dubois County Substance Abuse Council. **Reservations for lunch are due by Thursday, November 12th by calling Marge at 482-4455.**

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- **Wii GAMES:** The Center has a Wii game hooked up to the television in the card room on the main floor. You will be able to play: Golf, Tennis, Bowling, Boxing or Baseball. The TV room will be reserved for Wii training all day **Tuesday, November 3rd**. Be sure to come in and give it a try as it is really fun to play!!

SUGGESTIONS: If you have any suggestions for activities or trips for 2010, please let the staff at the Center know. I will start to plan the 2010 calendar before long and could use your ideas and suggestions. Thanks for your help in advance.